

SANDWICH PLATTERS

Finger Sandwiches

Ham, roast beef, roasted turkey breast, tuna salad & assorted cheeses dressed with lettuce and tomato on dinner rolls

15 pp / min. 10

Assorted Sandwiches/Wraps

Choose any sandwich and/or wrap from our Take-Out menu at the listed price. Each item will be sliced and layed out on trays for an additional \$1.50 per item. Minimum 5 items

min. 5

3' HEROES

On fresh baked crusty seeded Italian bread - serves approx. 12-14 persons

CLASSIC

95

American

Ham, roast beef, turkey breast, genoa salami, american or swiss cheeses. Dressed with lettuce, tomatoes and sweet vinegar peppers

Italian

Ham, salami, pepperoni, provolone or swiss cheeses. Dressed with lettuce, tomatoes and sweet vinegar peppers

SPECIALTY

99

Suprimo

Prosciutto, fresh mozzarella, tomatoes, roasted red peppers

Rapini

Broccoli Rabe, fresh mozzarella, sun-dried tomatoes

Lasolas Special

Homemade top round roast beef, fresh mozzarella, tomatoes, roasted red peppers

Grilled Veggie

Eggplant, zucchini, yellow squash, red onions with homemade fresh mozzarella, tomatoes and marinated roasted red peppers

Grilled or Breaded Eggplant Cutlet

Fresh mozzarella, tomatoes and marinated roasted red peppers

Grilled or Breaded Chicken Breast

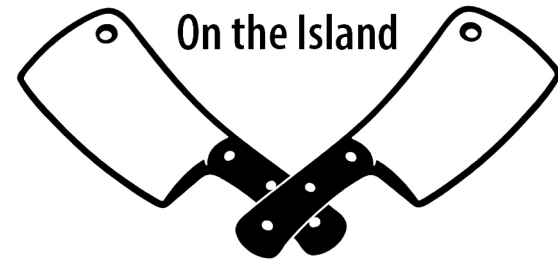
Fresh mozzarella, tomatoes and marinated roasted red peppers

All platters and sandwiches include sides of pickles and condiments

CATERING MENU

MID-SHORE MEATS

On the Island



NORMANDY BEACH, NJ
732-830-1660

Mid-Shore Meats & Italian Deli / Catering
Midshoremeatsontheisland.com



HOT HORS d'OEUVRES

Minimum 12 pcs

Chicken Potstickers w/ teriyaki dipping sauce	1.50ea
Jumbo Loaded Tater Kegs w/ cheddar & bacon	1.50ea
Battered Mozzarella Sticks w/ homemade marinara	2.00ea
Breaded Fried Ravioli w/ homemade marinara	1.50ea
Fried Shrimp	2.00ea
Coconut Shrimp	2.00ea

No minimum

Rice Balls w/ homemade marinara (Please ask for varieties)	3.99ea
Homemade Eggrolls (Assrtd. Varieties. Inquire Within)	4.50ea
Seafood Cakes	6.00ea

1/2
Tray

Chicken Wings Plain, BBQ, Buffalo, Rajin Cajin or Teriyaki	60
Chicken Tenders Plain, BBQ, Buffalo, Rajin Cajin or Teriyaki	60

PASTA 1/2 tray feeds approx. 8-10

1/2
Tray

Baked 12 Cheese & Macaroni Semolina macaroni, twelve-cheese blend, toasted panko topping	65
Baked Ziti Homemade marinara, ricotta, mozzarella, pecorino romano	70
Orrechiette, Broccoli Rabe & Sausage Sautéed garlic, oil, pecorino romano	70
Meat & Cheese Lasagna Homemade meat sauce, ricotta, mozzarella & pecorino cheeses	80
Cheese Ravioli Stuffed with ricotta and pecorino romano in homemade marinara	75
Stuffed Shells Stuffed with ricotta and pecorino romano in homemade marinara	75
Farfalle Primavera Bowtie pasta, garden vegetables, pecorino romano cream sauce	60

PASTA COMBINATIONS

1/2
Tray

Rigatoni / Penne / Farfalle / Linguini Homemade marinara, garlic & oil or basil pesto	55
Alfredo, vodka, carbonara, bolognese or meat sauce	60
Cheese Tortellini / Cavatelli Homemade marinara, garlic & oil or basil pesto	60
Alfredo, vodka, carbonara, bolognese or meat sauce	65

COLD HORS d'OEUVRES

Antipasto An assortment of marinated italian specialties cheeses and sliced cured meats	125
Caprese Fresh mozzarella and tomatoes with roasted red peppers, black olives and basil pesto	99
Shrimp Cocktail (50pcs) Served on a bed of lettuce with fresh lemon and cocktail sauce	125

SALADS

Tossed (serves 10-12) Iceberg & romaine lettuces, cucumber, shredded carrots, shredded red cabbage, tomatoes, includes russian & italian dressings	45
Caesar (serves 10-12) Romaine lettuce, pecorino romano cheese, homestyle croutons includes caesar dressing	50
Mesclun (serves 10-12) Mixed field greens, sliced red onions, tomatoes, kalamatta olives, includes balsamic vinaigrette	50

SALAD ADDITIONS

Grilled Chicken	25
Grilled Shrimp	30

PASTA ADDITIONS

Broccoli	20
Broccoli Rabe	30
Grilled Chicken	30
Italian Sausage (sweet or hot)	25
Grilled Shrimp	35

POULTRY

1/2
Tray

Chicken Marsala Sautéed boneless breast medallions, marsala wine & mushroom demi-glace	85
Chicken Piccata Boneless breast, egg battered, lemon juice, white wine, butter, capers	85
Chicken Parmigiana Breaded cutlet, homemade marinara, mozzarella, pecorino romano	85
Chicken Francaise Boneless breast, egg battered, lemon juice, white wine, butter	85
Chicken Saltimbocca Boneless breast, egg battered, sautéed spinach, prosciutto, demi-glace, mozzarella	95

BEEF / PORK

Beef Lasolas Top round beef & mozzarella smothered in a rich marsala mushroom gravy	80
Sausage, Potatoes & Onions Provolone & parsley sausage, fried potatoes and sauteed onions	75
BBQ Pork Ribs House-made rub, bbq sauce	90
Sausage & Peppers Italian sausage, bell peppers, spanish onions, homemade marinara	75
Italian Meatballs Beef meatball, homemade marinara	75
Stuffed Cabbage Beef & rice, tomato puree	75
Kielbasi & Sauerkraut Traditional Polish smoked sausage	70
Cuban Style Pork Sliced garlic, citrus mojo	95
BBQ Pulled Pork Spice rub, bbq sauce	95

SEAFOOD

Shrimp Scampi Sautéed garlic, lemon, butter	110
Scallops & Shrimp Supreme Sautéed garlic, basil, homemade marinara, cream	110
Linguini White Clam Little neck clams, white wine, garlic, parsley	80
Linguini Red Clam Little neck clams, homemade marinara	80

VEGETARIAN & SIDE DISHES

Eggplant Parmigiana Naples-style fried eggplant cutlets, mozzarella cheese, homemade marinara	80
Eggplant Rollatini Skinless fried eggplant cutlets. ricotta & mozzarella cheese, homemade marinara	90
Sauteed or Steamed Broccoli	60
Grilled Vegetables Eggplant, zucchini, yellow squash, red onions, bell peppers	70
String Beans Almondine Sliced almonds, butter	55
Broccoli Rabe Roasted whole garlic	80
Potatoes Al Forno Oven roasted seasoned Idahoes	65
Garlic Mashed Potatoes Roasted garlic, cream, butter	65
Roasted Sweet Potatoes	65
Roasted Lemon-Pepper Potato Wedges	65
Grilled Asparagus	70
Sesame String Beans or Roasted Brussels Sprouts	70